



EVOX WPF SOUTH AFRICAN BODY BUILDING CHAMPIONSHIPS

Ernest Oppenheimer Theatre, Welkom

Date: 29 October 2011

Show Time: 17h00

Pre Judging: 8h00 - 16h00

Show Tickets: R50-00

Registration and Weigh In Time 1:
Friday 28 October 17h00 - 20h00
Kiewiets Gym, 108 Constantia Street, Welkom

Registration and Weigh In Time 2:
Saturday 29 October 6h00 - 7h00
Ernest Oppenheimer Theatre, Welkom

Registration Fee: R150
Affiliation Fee for 2011: R120

Products And Prizes From EVOX

Booking and Contact info - Kiewiet Prinsloo at:
057 396 4302
kiewietgym@absamail.co.za

Divisions

- Juniors U-21 Years
- Novice U-65 Kg, U-75 Kg, U-85 Kg & O-85 Kg
- Over 50 Years (One Line Up)
- Over 40 Years U-85 Kg & O-85 Kg
- Miss Fitness (One LineUp)*
- Miss Physique (One LineUp)*
- Miss Figure (One LineUp)*
- Miss Bikini U-30 Years & O-30 Years
Miss Bikini is judged in a Bikini & Evening Dress
- Juniors U-23 Years
- Seniors U-65kg, U-75kg, U-85kg, U-95kg & O- 95kg
- Couples (One Line Up)
- Mr Fitness (One Line Up)
- Overall Men
- Team to go to Italy

* For all Ladies Divisions it is compulsory to wear high heels

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